



BREAKFAST

Monday...30	Tuesday...1	Wednesday...2	Thursday...3	Friday...4
Breakfast Quesadilla Fruit Milk	Apple Cinnamon Roll Muffin Fruit Milk	Bagel with Cream Cheese Fruit Milk	Hash Brown Fruit Milk	Blueberry Pancakes Fruit Milk
Monday...7	Tuesday...8	Wednesday...9	Thursday...10	Friday...11
Sausage & Cheese on English Muffin Fruit Milk	Yogurt Cereal Fruit Milk	Banana Bread Cereal Fruit Milk	Scrambled Eggs Fruit Milk	Nutri-Grain Bars Cereal Fruit Milk
Monday...14	Tuesday...15	Wednesday...16	Thursday...17	Friday...18
Honey Bun Cereal Fruit Milk	Breakfast Pizza Fruit Milk	Granola Bar Cereal Fruit Milk	French Toast Bites Fruit Milk	Cinnamon Pull Apart Roll Fruit Milk
Monday...21	Tuesday...22	Wednesday...23	Thursday...24	Friday...25
Oatmeal Fruit Milk	Omelet Fruit Milk	Cinnamon Roll Fruit Milk	 NO SCHOOL	 NO SCHOOL
Monday...28	Tuesday...29	Wednesday...30	Thursday...31	Friday...1
NO SCHOOL	HAPPY	HOLIDAYS	NO SCHOOL	NO SCHOOL HAPPY NEW YEAR 
Monday...4	Tuesday...5	Wednesday...6	Thursday...7	Friday...8
Cinnamon Streusel Muffin Fruit Milk	Yogurt Parfait Cereal Fruit Milk	Mixed Berry Pancakes Fruit Milk	Mini Quiche (egg, bacon and cheese) Fruit Milk	Bagel Cream Cheese Fruit Milk

LUNCH

Monday...30	Tuesday...1	Wednesday...2	Thursday...3	Friday...4
Italian Dunkers or Hummus w/Pita Chips Mixed Veg. Fruit Milk	Chicken Tenders or Hummus w/Pita Chips French Fries Fruit Milk	Spaghetti w/Meatballs or Hummus w/Pita Chips Peas/Fruit Milk	BBQ Chicken on a Roll or Hummus w/Pita Chips Fresh Veg. Fruit Milk	Grilled Cheese or Hummus w/Pita Chips Tomato Soup Fruit Milk
Monday...7	Tuesday...8	Wednesday...9	Thursday...10	Friday...11
ECS Bowl or Turkey Sandwich Dinner roll Corn Fruit Milk	Cheese Quesadilla or Chicken Broccoli Quesadilla Black Beans Fruit Milk	Hamburger or Cheeseburger Green Beans Fruit Milk	Cheese or Pepperoni Pizza Broccoli Fruit Milk	Chicken Patty on a Bun or Turkey Sandwich Carrot Sticks Fruit Milk
Monday...14	Tuesday...15	Wednesday...16	Thursday...17	Friday...18
Mac N Cheese or Egg Salad Sandwich Peas Fruit Milk	Chicken Pot Pie or Egg Salad Sandwich Mixed Vegetables Fruit Milk	Hot Dog or Egg Salad Sandwich Baked Beans Fruit Milk	Christmas Dinner Lasagna Dinner Roll Salad Dessert Fruit Milk	Fish Nuggets or Egg Salad Sandwich Rice Carrots Fruit Milk
Monday...21	Tuesday...22	Wednesday...23	Thursday...24	Friday...25
Roasted Turkey w/Gravy or Tuna Fish Sandwich Dinner Roll Mashed Potatoes Fruit Milk	Traveling Tacos or Tuna Fish Sandwich Refried Beans Fruit Milk	Chicken Nuggets or Tuna Fish Sandwich Garlic Noodles Green Beans Fruit Milk	NO SCHOOL 	NO SCHOOL 
Monday...28	Tuesday...29	Wednesday...30	Thursday...31	Friday...1
NO SCHOOL WINTER	NO SCHOOL	NO SCHOOL BREAK	NO SCHOOL	NO SCHOOL HAPPY NEW YEAR
Monday...4	Tuesday...5	Wednesday...6	Thursday...7	Friday...8
White Pizza or Veggie Pizza Winter Blend Vegetables Fruit Milk	Tortellini or Salami Sandwich Green Beans Fruit Milk	Chicken Stir-Fry over Rice or Salami Sandwich Carrots Fruit Milk	Meatloaf or Salami Sandwich Mashed Potatoes Fruit Milk	Grilled Chicken Patty on a bun or Salami Sandwich Chicken Noodle Soup Fruit Milk