

## BREAKFAST

| Monday28  | Tuesday29  | Wednesday30   | Thursday1  | Friday2   |
|---|--|---|--|---|
| Scrambled Eggs<br>with Cheese and<br>Cereal/Toast<br>Fruit<br>Milk      | Banana Bread<br>and Cereal/Toast<br>Fruit<br>Milk            | Baked Pancake<br>Square or<br>Cereal/Toast<br>Fruit<br>Milk           | Breakfast Scone<br>and Cereal/Toast<br>Fruit<br>Milk           | Breakfast Pizza or<br>Cereal/Toast<br>Fruit<br>Milk         |
| Monday5   | Tuesday6   | Wednesday7  | Thursday8  | Friday9   |
| Hashbrown and<br>Cereal/Toast<br>Fruit<br>Milk                          | Oatmeal S'mores<br>Bars and<br>Cereal/Toast<br>Fruit<br>Milk | Egg & Cheese on<br>English Muffin or<br>Cereal/Toast<br>Fruit<br>Milk | Banana Pancake<br>Dippers or<br>Cereal/Toast<br>Fruit<br>Milk  | Pudding Parfait<br>and Cereal/Toast<br>Fruit<br>Milk        |
| Monday12  | Tuesday13  | Wednesday14   | Thursday15   | Friday16  |
| Sausage &<br>Cheese on<br>Croissant or<br>Cereal/Toast<br>Fruit<br>Milk | Waffles or<br>Cereal/Toast<br>Fruit<br>Milk                  | Assorted Muffin<br>and Cereal/Toast<br>Fruit<br>Milk                  | Yogurt & Fruit<br>Parfait and<br>Cereal/Toast<br>Fruit<br>Milk | Bagel w/Cream<br>Cheese or<br>Cereal/Toast<br>Fruit<br>Milk |
| Monday19  | Tuesday20  | Wednesday21   | Thursday22   | Friday23  |
| French Toast<br>Sticks or<br>Cereal/Toast<br>Fruit<br>Milk              | Apple Frudel or<br>Cereal/Toast<br>Fruit<br>Milk             | Oatmeal and<br>Cereal/Toast<br>Fruit<br>Milk                          | Scrambled Eggs<br>and<br>Cereal/Toast<br>Fruit<br>Milk         | NO SCHOOL   |
| Monday26  | Tuesday27  | Wednesday28   | Thursday29   | Friday30  |
| NO SCHOOL   | HAPPY  | HOLIDAYS  | NO SCHOOL  | NO SCHOOL   |
| Monday2   | Tuesday3   | Wednesday4  | Thursday5  | Friday6   |
| NO SCHOOL   | Cinnamon Toast<br>and Cereal<br>Fruit<br>Milk                | Granola Bar and<br>Cereal/Toast<br>Fruit<br>Milk                      | Fried Egg and<br>Cereal/Toast<br>Fruit<br>Milk                 | Pumpkin Bread or<br>Cereal/Toast<br>Fruit<br>Milk           |

## LUNCH

| Monday28  | Tuesday29  | Wednesday30  | Thursday1  | Friday2   |
|---|--|--|--|---|
| White Pizza or<br>Chicken Broccoli<br>Pizza<br>Broccoli<br>Fruit<br>Milk        | Breakfast For Lunch<br>Bacon, Egg &<br>Cheese Crunch<br>Wrap or Ham, Egg<br>& Cheese Crunch<br>Wrap<br>Tater Tots<br>Fruit<br>Milk | Hamburger or<br>Cheeseburger<br>Baked Beans<br>Fruit<br>Milk   | Italian Dunkers or<br>Ham Sandwich<br>Tossed Salad<br>Fruit<br>Milk  | Diced Chicken<br>over Rice Pilaf or<br>Ham Sandwich<br>Carrots<br>Fruit<br>Milk |
| Monday5   | Tuesday6   | Wednesday7   | Thursday8  | Friday9   |
| Pretzels or<br>Turkey Sandwich<br>Broccoli<br>Fruit<br>Milk                     | Traveling Tacos or<br>Turkey Sandwich<br>Refried Beans<br>Fruit<br>Milk  | Soup & Sandwich<br>Peanut Butter &<br>Fluff or<br>Turkey Sandwich<br>Corn Chowder or<br>Cheddar Broccoli | ECS Bowl or<br>Turkey Sandwich<br>Corn<br>Fruit<br>Milk  | Sloppy Joes or<br>Turkey Sandwich<br>French Fries<br>Fruit<br>Milk              |
| Monday12  | Tuesday13  | Wednesday14  | Thursday15   | Friday16  |
| Chicken Nuggets or<br>Egg Salad<br>Sandwich<br>Carrots<br>Roll<br>Fruit<br>Milk | Cheese or<br>Pepperoni Pizza<br>on a Pita<br>Broccoli<br>Fruit<br>Milk   | Fish Nuggets or<br>Egg Salad<br>Sandwich<br>Rice<br>Mixed Vegetables<br>Fruit<br>Milk                    | Christmas Dinner<br>Lasagna<br>Dinner Roll<br>Green Beans<br>Dessert<br>Fruit<br>Milk                                      | Hot Dog or<br>Egg Salad<br>Sandwich<br>Baked Beans<br>Fruit<br>Milk             |
| Monday19  | Tuesday20  | Wednesday21  | Thursday22   | Friday23  |
| Grilled Cheese or<br>Salami Sandwich<br>Tomato Soup<br>Fruit<br>Milk            | Taco Pasta or<br>Salami Sandwich<br>Black Beans<br>Fruit<br>Milk   | Diced Chicken with<br>Gravy over Mashed<br>Potatoes or<br>Salami Sandwich<br>Fruit<br>Milk               | Breakfast for Lunch<br>Decorate your own<br>Pancake,<br>Sausage Links or<br>Salami Sandwich<br>Tater Tots<br>Fruit<br>Milk | NO SCHOOL   |
| Monday26  | Tuesday27  | Wednesday28  | Thursday29   | Friday30  |
| NO SCHOOL<br>WINTER   | NO SCHOOL  | NO SCHOOL<br>BREAK   | NO SCHOOL  | NO SCHOOL   |
| Monday2   | Tuesday3   | Wednesday4   | Thursday5  | Friday6   |
| NO SCHOOL   | Spaghetti with Meat<br>Sauce or<br>Tuna Salad Wrap<br>Green Beans<br>Fruit<br>Milk   | Chicken Patty on<br>Bun or<br>Tuna Salad Wrap<br>Baked Beans<br>Fruit<br>Milk                            | Cheese or Sausage<br>Pizza<br>Broccoli<br>Fruit<br>Milk  | Fish Nuggets or<br>Tuna Salad Wrap<br>Rice<br>Carrots<br>Fruit<br>Milk          |