

BREAKFAST

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Monday30	Tuesday31	Wednesday1	Thursday2	Friday3
Blueberry Pancakes or Cereal/Toast Fruit Milk	Pumpkin Brownie or Cereal/Toast Fruit Milk	Bacon, Egg & Cheese on English Muffin or Cereal/Toast Fruit Milk	Oatmeal or Cereal/Toast Fruit Milk	Hash Brown and Cereal/Toast Fruit Milk
Monday6	Tuesday7	Wednesday8	Thursday9	Friday10
Cocoa Puff Cereal Bars or Cereal/Toast Fruit Milk	Omlet and Cereal/Toast Fruit Milk	Ham & Cheese on English Muffin or Cereal/Toast Fruit Milk	Confetti Pancakes or Cereal/Toast Fruit Milk	Breakfast Scone or Cereal/Toast Fruit Milk
Monday13	Tuesday14	Wednesday15	Thursday16	Friday17
Scrambled Eggs with Cheese and Cereal/Toast Fruit Milk	Strawberry Shortcake in a cup or Cereal/Toast Fruit Milk	Waffles or Cereal/Toast Fruit Milk	Granola Bar and Cereal/Toast Fruit Milk	Breakfast Bowl (Chopped Sausage, Eggs & Home Fries) and Cereal/Toast Fruit Milk
Monday20	Tuesday21	Wednesday22	Thursday23	Friday24
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
>	WINTER	>	BREAK	>
Monday27	Tuesday28	Wednesday1	Thursday2	Friday3
Cinnamon Toast and Cereal Fruit Milk	Cat in the Hat Parfait and Cereal/Toast Fruit Milk	Assorted Muffins and Cereal/Toast Fruit Milk	"Green Eggs" & Ham or Cereal/Toast Fruit Milk	Pumpkin Bread and Cereal/Toast Fruit Milk

LUNCH

Monday30	Tuesday31	Wednesday1	Thursday2	Friday3
Tuna Melt on Flatbread or Salami Sandwich Peas Fruit Milk	Nacho w/Meat & Cheese or Salami Sandwich Refried Beans Fruit Milk	Chicken Nuggets or Salami Sandwich Garlic Noodles Carrots Fruit Milk	Cheese or Pepperoni Pizza Broccoli Fruit Milk	Cheese Quesadilla or Salami Sandwich Corn Fruit Milk
Monday6	Tuesday7	Wednesday8	Thursday9	Friday10
ECS Bowl or Turkey Sandwich Corn Fruit Milk	Hamburger or Cheeseburger Baked Beans Fruit Milk	Egg Salad Sandwich or Turkey Sandwich w/Chicken Noodle Soup Fruit Milk	Fish Sticks or Turkey Sandwich Carrots Goldfish Crackers Fruit Milk	Chicken Cordon Bleu or Turkey Sandwich Rice with Cheese Mixed Vegetables Fruit Milk
Monday13	Tuesday14	Wednesday15	Thursday16	Friday17
Grilled Cheese or Tuna Fish Sandwich Tomato Soup Fruit Milk	Taco Pizza on Pita or Tuna Fish Sandwich Black Bean Salsa w/Tortilla Chips Fruit Milk	Hot Dog or Tuna Fish Sandwich French Fries Fruit Milk	Spaghetti with Sauce or Tuna Fish Sandwich Broccoli Fruit Milk	Boneless Chicken Wings or Tuna Fish Sandwich Stuffing Green Beans Fruit Milk
Monday20	Tuesday21	Wednesday22	Thursday23	Friday24
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
>	WINTER	>	BREAK	>
Monday27	Tuesday28	Wednesday1	Thursday2	Friday3
Fish Nuggets or Ham Sandwich Carrots Goldfish Crackers Fruit Milk	White Pizza or Veggie Lovers Pizza Broccoli & Cauliflower Fruit Milk	Inside Out Bagel Breakfast Sandwich (Sausage & Cheese) or Ham Sandwich Peas Fruit Milk	Grilled Cheese Wrap or Grilled Broccoli & Cheese Wrap Black Beans Fruit Milk	Sleepy Joes or Ham Sandwich Snoozing Fries Fruit Milk