




## BREAKFAST

Monday...5	Tuesday...6	Wednesday...7	Thursday...8	Friday...9
French Toast Sticks or Cereal/Toast Fruit Milk <b>Early Dismissal 11:45 am Professional Development Day</b>	Scrambled eggs or Cereal/Toast Fruit Milk  <b>PTO Meeting 4:45- 5:45</b>	Breakfast Burrito or Cereal/Toast Fruit Milk	Smoothies or Cereal/Toast Fruit Milk	Ham, Egg & Cheese on a Biscuit or Cereal Fruit Milk  <b>Discovery Kids Preschool</b>
Monday...12	Tuesday...13	Wednesday...14	Thursday...15	Friday...16
Waffle w/syrup or Cereal/Toast Fruit Milk	Peanut Butter Pancakes or Cereal/Toast Fruit Milk  <b>Board Meeting 6 PM</b>	Corn Muffin or Cereal/Toast Fruit Milk  	Mini Quiche or Cereal/Toast Fruit Milk	Fried Egg or Cereal/Toast Fruit Milk
Monday...19	Tuesday...20	Wednesday...21	Thursday...22	Friday...23
<b>No</b>	<b>School</b>		<b>Winter</b>	<b>Break</b>
Monday...26	Tuesday...27	Wednesday...28	Thursday...29	Friday...1
Mini Quiche or Cereal/Toast Fruit Milk	Corn Bread or Cereal/Toast Fruit Milk	Pancakes or Cereal/Toast Fruit Milk	Muffins or Cereal/Toast Fruit Milk	Bacon Egg & Cheese on a Croissant or Cereal/Toast Fruit Milk

## LUNCH

Monday...5	Tuesday...6	Wednesday...7	Thursday...8	Friday...9
ECS Bowl or Salami Sandwich Vegetables Fruit Milk	Salisbury Steak or Salami Sandwich Vegetables Fruit Milk	Fish Sticks or Salami Sandwich Vegetables Fruit Milk	Boneless Chicken Wings BBQ or Salami Sandwich Vegetables Fruit Milk	Tuna Noodle Casserole or Salami Sandwich Vegetables Fruit Milk
Monday...12	Tuesday...13	Wednesday...14	Thursday...15	Friday...16
Mexican Mac Skillet or Ham Sandwich Vegetables Fruit Milk	Grilled Chicken & Cheesy Rice W/ Broccoli or Ham Sandwich Fruit Milk	Hawaiian or Cheese Pizza Vegetables Fruit Milk	Grilled Cheese or Ham Sandwich Turkey Noodle Soup Fruit Milk	Fish Sticks or Ham Sandwich Vegetables Fruit Milk
Monday...19	Tuesday...20	Wednesday...21	Thursday...22	Friday...23
No	School		Winter	Break
Monday...26	Tuesday...27	Wednesday...28	Thursday...29	Friday...1
Cheesy Chicken & Mashed Potato Bake Turkey Sandwich Vegetables Fruit Milk	Beef & Noodles w/ Gravy or Turkey Sandwich Vegetables Fruit Milk	Italian Dunkers or Turkey Sandwich Vegetables Fruit Milk	Goulash or Turkey Sandwich Vegetables Fruit Milk	Hot Turkey Sandwich or Turkey Sandwich Vegetables Fruit Milk