



BREAKFAST

| Monday...2 | Tuesday...3 | Wednesday...4 | Thursday...5 | Friday...6 |
|---|---|---|---|--|
| NO SCHOOL | Cinnamon Toast and Cereal Fruit Milk | Granola Bar and Cereal/Toast Fruit Milk | Fried Egg and Cereal/Toast Fruit Milk | Pumpkin Bread or Cereal/Toast Fruit Milk |
| Monday...9 | Tuesday...10 | Wednesday...11 | Thursday...12 | Friday...13 |
| Chocolate Chip Pancake or Cereal/Toast Fruit Milk | Apple Oatmeal Bars or Cereal/Toast Fruit Milk | Yogurt and Cinnamon Goldfish or Cereal/Toast Fruit Milk | Assorted Muffin and Cereal/Toast Fruit Milk | Breakfast Grilled Cheese with Scrambled Eggs or Cereal/Toast Fruit Milk |
| Monday...16 | Tuesday...17 | Wednesday...18 | Thursday...19 | Friday...20 |
| NO SCHOOL | Omelet and Cereal/Toast Fruit Milk | French Toast or Cereal/Toast Fruit Milk | Breakfast Quesadilla or Cereal/Toast Fruit Milk | Fruit Smoothie and Cereal/Toast Fruit Milk |
| Monday...23 | Tuesday...24 | Wednesday...25 | Thursday...26 | Friday...27 |
| Scrambled Eggs, and Cereal/Toast Fruit Milk | Assorted Muffin and Cereal/Toast Fruit Milk | Yogurt Parfait and Cereal/Toast Fruit Milk | Dutch Waffles or Cereal/Toast Fruit Milk | Breakfast Burrito or Cereal/Toast Fruit Milk |
| Monday...30 | Tuesday...31 | Wednesday...1 | Thursday...2 | Friday...3 |
| Blueberry Pancakes or Cereal/Toast Fruit Milk | Pumpkin Brownie or Cereal/Toast Fruit Milk | Bacon, Egg & Cheese on English Muffin or Cereal/Toast Fruit Milk | Oatmeal or Cereal/Toast Fruit Milk | Hash Brown and Cereal/Toast Fruit Milk |

LUNCH

| Monday...2 | Tuesday...3 | Wednesday...4 | Thursday...5 | Friday...6 |
|---|---|---|---|--|
| NO SCHOOL | Spaghetti with Meat Sauce or Tuna Salad Wrap Green Beans Fruit Milk | Chicken Patty on a Bun or Tuna Salad Wrap Baked Beans Fruit Milk | Cheese or Sausage Pizza Broccoli Fruit Milk | Fish Nuggets or Tuna Salad Wrap Rice Carrots Fruit Milk |
| Monday...9 | Tuesday...10 | Wednesday...11 | Thursday...12 | Friday...13 |
| Sausage, Egg & Cheese on a Croissant or Ham & cheese Sandwich Tater tots Fruit Milk | Beef Taco or Ham & Cheese Sandwich Corn Fruit Milk | Ravioli or Ham & Cheese Sandwich Green Beans Fruit Milk | Chicken Pot Pie or Ham & Cheese Sandwich Mixed Vegetables Fruit Milk | Pepperoni Pizza Stick or Ham & Cheese Sandwich Broccoli Fruit Milk |
| Monday...16 | Tuesday...17 | Wednesday...18 | Thursday...19 | Friday...20 |
| NO SCHOOL | Mac N Cheese or BBQ Chicken Wrap Peas Fruit Milk | Cheese or Hawaiian Pizza Broccoli Fruit Milk | Philly Cheese Steaks or BBQ Chicken Wrap Baked Beans Fruit Milk | Turkey BLT on a Pita or BBQ Chicken Wrap Cal. Blend Fruit Milk |
| Monday...23 | Tuesday...24 | Wednesday...25 | Thursday...26 | Friday...27 |
| Grilled Ham & Cheese or Egg Salad Sandwich Sweet Potatoes Fries Fruit Milk | Chicken Fajita Bowl or Egg Salad Sandwich Succotash Fruit Milk | Mini Corn Dog or Egg Salad Sandwich Baked Beans Fruit Milk | Chicken & Bacon Penne Pasta or Egg Salad Sandwich Broccoli Fruit Milk | Meatball Sub or Egg Salad Sandwich Green Beans Fruit Milk |
| Monday...30 | Tuesday...31 | Wednesday...1 | Thursday...2 | Friday...3 |
| Tuna Melt on Flatbread or Salami Sandwich Peas Fruit Milk | Nacho w/Meat & Cheese or Salami Sandwich Refried Beans Fruit Milk | Chicken Nuggets or Salami Sandwich Garlic Noodles Carrots Fruit Milk | Cheese or Pepperoni Pizza Broccoli Fruit Milk | Cheese Quesadilla or Salami Sandwich Corn Fruit Milk |