



## BREAKFAST

Monday...28	Tuesday...29	Wednesday...30	Thursday...31	Friday...1
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
Monday...4	Tuesday...5	Wednesday...6	Thursday...7	Friday...8
Labor Day NO SCHOOL	Superintendent Conference Day NO SCHOOL	Scrambled Eggs and Cereal/Toast Fruit Milk	Cinnamon Swirl Pancakes or Cereal/Toast Fruit Milk	Sausage & Cheese on an English Muffin or Cereal/Toast Fruit Milk
Monday...11	Tuesday...12	Wednesday...13	Thursday...14	Friday...15
Blueberry Muffin and Cereal/Toast Fruit Milk	Omelet and Cereal/Toast Fruit Milk	Waffle w/syrup or Cereal/Toast Fruit Milk	Yogurt and Cereal/Toast Fruit Milk	Pancake, sausage, eggs and Cereal Fruit Milk
Monday...18	Tuesday...19	Wednesday...20	Thursday...21	Friday...22
English Muffin Breakfast Pizza or Cereal/Toast Fruit Milk	Chocolate Chip Muffin or Cereal/Toast Fruit Milk	French Toast Sticks or Cereal/Toast Fruit Milk	Banana Bread and Cereal/Toast Fruit Milk	Egg & Cheese Sandwich or Cereal/Toast Fruit Milk
Monday...25	Tuesday...26	Wednesday...27	Thursday...28	Friday...29
Chocolate Chip Pancakes or Cereal/Toast Fruit Milk	Sausage Links and Cereal/Toast Fruit Milk	Bagel w/Cream Cheese or Cereal/Toast Fruit Milk	Scrambled Eggs and Cereal/Toast Fruit Milk	Oatmeal or Cereal/Toast Fruit Milk

## LUNCH

Monday...28	Tuesday...29	Wednesday...30	Thursday...31	Friday...1
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
Monday...4	Tuesday...5	Wednesday...6	Thursday...7	Friday...8
Labor Day NO SCHOOL	Superintendent Conference Day NO SCHOOL	Boneless Chicken Wings (BBQ or Mild) or Ham Sandwich Baked Beans Fruit Milk	Grilled Cheese or Ham Sandwich Tomato Soup Fruit Milk	Tuna Salad or Ham Sandwich Green Beans Fruit Milk
Monday...11	Tuesday...12	Wednesday...13	Thursday...14	Friday...15
Meatball Sub or Crispy Chicken Wrap Green Beans Fruit Milk	Cheese Quesadilla or Crispy Chicken Wrap Refried Beans Fruit Milk	Turkey and Cheddar Wrap or Crispy Chicken Wrap Carrots Fruit Milk	Fish Nuggets or Crispy Chicken Wrap Rice Peas Fruit Milk	Cheese or Pepperoni Pizza Broccoli Fruit Milk
Monday...18	Tuesday...19	Wednesday...20	Thursday...21	Friday...22
Popcorn Chicken or Egg Salad Sandwich Carrots Fruit Milk	Mac N Cheese or Egg Salad Sandwich Peas Fruit Milk	Hamburger or Cheeseburger Baked Beans Fruit Milk	Italian Dunkers or Egg Salad Sandwich Broccoli Fruit Milk	Fish on a Bun or Egg Salad Sandwich French Fries Fruit Milk
Monday...25	Tuesday...26	Wednesday...27	Thursday...28	Friday...29
Chicken Patty on a Bun or Turkey Sandwich Carrots Fruit Milk	Nachos w/Meat & Cheese or Turkey Sandwich Refried Beans Fruit Milk	Pretzel or Turkey Sandwich Mixed Vegetables Fruit Milk	White or Chicken Broccoli Pizza Broccoli Fruit Milk	Cheese Ravioli or Turkey Sandwich Green Beans Fruit Milk