



BREAKFAST

Monday...2	Tuesday...3	Wednesday...4	Thursday...5	Friday...6
Omelet Fruit Milk	NO SCHOOL SUPERINTENDENT'S CONFERENCE DAY	Assorted Cereal Graham Crackers Yogurt Fruit Milk	Chocolate Chip Pancakes Fruit Milk	Cinnamon pull apart Rolls Fruit Milk
Monday...9	Tuesday...10	Wednesday...11	Thursday...12	Friday...13
Oatmeal Fruit Milk	Scrambled Eggs Fruit Milk	NO SCHOOL VETERANS DAY	Snickerdoodle Muffin Fruit Milk	Pancake on a Stick Fruit Milk
Monday...16	Tuesday...17	Wednesday...18	Thursday...19	Friday...20
Yogurt Parfait Assorted Cereal Fruit Milk	S'mores Cereal Bar Fruit Milk	Cinnamon Toast Cereal Fruit Milk	Remote Learning Day Assorted Cereal Graham Crackers Fruit Milk	Egg & Cheese on an English Muffin Fruit Milk
Monday...23	Tuesday...24	Wednesday...25	Thursday...26	Friday...27
Waffles Fruit Milk	Breakfast Scone Fruit Milk	NO SCHOOL THANKSGIVING	NO SCHOOL 	NO SCHOOL
Monday...30	Tuesday...1	Wednesday...2	Thursday...3	Friday...4
Breakfast Quesadilla Fruit Milk	Apple Cinnamon Roll Muffin Fruit Milk	Bagel with Cream Cheese Fruit Milk	Hash Brown Fruit Milk	Blueberry Pancakes Fruit Milk

LUNCH

Monday..2	Tuesday...3	Wednesday...4	Thursday...5	Friday...6
Fish on a Bun or Egg Salad Sandwich	NO SCHOOL SUPERINTENDENT'S CONFERENCE DAY	E.C.S Bowl or Egg Salad Sandwich Corn Fruit Milk	White Pizza or Chicken Broccoli Pizza Capri Blend	Salisbury Steak or Egg Salad Sandwich Peas Fruit Milk
Monday...9	Tuesday...10	Wednesday...11	Thursday...12	Friday...13
Chicken Parm with Pasta or Tuna Fish Sandwich Baby Carrots Fruit Milk	Nacho w/Meat & Cheese or Tuna Fish Sandwich Refried Beans Fruit Milk	NO SCHOOL VETERANS DAY	Cheese Quesadilla or Tuna Fish Sandwich Black Beans Fruit Milk	Thanksgiving Meal Turkey Mashed Potatoes Cranberry Sauce Biscuit
Monday...16	Tuesday...17	Wednesday...18	Thursday...19	Friday...20
Ham & Cheese Wrap, Salami Sandwich, PBJ or Cheese sandwich Fresh Veg. Fruit Milk	Roasted Chicken or Salami Sandwich Dinner Roll Corn Fruit Milk	Sloppy Joes or Salami Sandwich French Fries Fruit Milk	Remote Learning Day Mixed Meat Wrap, Salami Sandwich, PBJ or Cheese Sandwich Fresh Veg. Fruit Milk	Cheese Ravioli or Salami Sandwich Green Beans Fruit Milk
Monday...23	Tuesday...24	Wednesday...25	Thursday...26	Friday...27
Chicken Nuggets or Ham Sandwich Carrots Fruit Milk	Beef Tacos or Ham Sandwich Shredded Lettuce & Diced Tomatoes Fruit Milk	NO SCHOOL 	NO SCHOOL THANKSGIVING	NO SCHOOL
Monday...30	Tuesday...1	Wednesday...2	Thursday...3	Friday...4
Italian Dunkers or Hummus w/Pita Chips Mixed Veg. Fruit Milk	Chicken Tenders or Hummus w/Pita Chips French Fries Fruit Milk	Spaghetti w/Meatballs or Hummus w/Pita Chips Peas Fruit Milk	BBQ Chicken on a Roll or Hummus w/Pita Chips Fresh Veg. Fruit Milk	Grilled Cheese or Hummus w/Pita Chips Tomato Soup Fruit Milk