

# November

## BREAKFAST

Monday...31	Tuesday...1	Wednesday...2	Thursday...3	Friday...4
Iced Pumpkin Cake and Cereal/Toast Fruit Milk	Bagel with Cream Cheese or Cereal/Toast Fruit Milk	Scrambled Eggs and Cereal/Toast Fruit Milk	Cinnamon Toast and Cereal Fruit Milk	Waffles or Cereal/Toast Fruit Milk
Monday...7	Tuesday...8	Wednesday...9	Thursday...10	Friday...11
Fried Eggs and Cereal/Toast Fruit Milk	Baked Cake Doughnut or Cereal/Toast Fruit Milk	Chocolate Chip Pancakes or Cereal/Toast Fruit Milk	Yogurt Parfait and Cereal/Toast Fruit Milk	NO SCHOOL VETERANS DAY
Monday...14	Tuesday...15	Wednesday...16	Thursday...17	Friday...18
French Toast or Cereal/Toast Fruit Milk	Pumpkin Brownie or Cereal/Toast Fruit Milk	Scrambled Eggs and Cereal/Toast Fruit Milk	Breakfast Cookie and Cereal/Toast Fruit Milk	English Muffins or Cereal/Toast Fruit Milk
Monday...21	Tuesday...22	Wednesday...23	Thursday...24	Friday...25
Assorted Muffins and Cereal/Toast Fruit Milk	Fruit Smoothie and Cereal/Toast Fruit Milk	NO SCHOOL THANKSGIVING BREAK	NO SCHOOL 	NO SCHOOL THANKSGIVING BREAK
Monday...28	Tuesday...29	Wednesday...30	Thursday...1	Friday...2
Scrambled Eggs with Cheese and Cereal/Toast Fruit Milk	Banana Bread and Cereal/Toast Fruit Milk	Baked Pancake Square or Cereal/Toast Fruit Milk	Breakfast Scone and Cereal/Toast Fruit Milk	Breakfast Pizza or Cereal/Toast Fruit Milk

# LUNCH

Monday...31	Tuesday...1	Wednesday...2	Thursday...3	Friday...4
Corn Dog Frankenstein Monster or Egg Salad Sandwich Baked Beans Fruit Milk	BBQ Chicken Wrap or Egg Salad Sandwich Cal. Blend Fruit Milk	Fish Nuggets or Egg Salad Sandwich Rice Mixed Vegetables Fruit Milk	Ziti or Egg Salad Sandwich Green beans Fruit Milk	Grilled Cheese or Egg Salad Sandwich Tomato Soup Fruit Milk
Monday...7	Tuesday...8	Wednesday...9	Thursday...10	Friday...11
Boneless Wings w/choice of dipping sauce or Salami Sandwich Carrots Fruit Milk	Nacho with Meat & Cheese or Salami Sandwich Corn Fruit Milk	Cheese or Pepperoni Pizza Broccoli Fruit Milk	Philly Cheesesteak or Salami Sandwich French Fries Fruit Milk	NO SCHOOL VETERANS DAY
Monday...14	Tuesday...15	Wednesday...16	Thursday...17	Friday...18
Cheese or Chicken Broccoli Quesadilla Black Beans Fruit Milk	Fish on a Bun or Grilled Cheeseburger Wrap Carrots Fruit Milk	Mac N Cheese or Grilled Cheeseburger Wrap Peas Fruit Milk	<b>Thanksgiving Meal</b> Turkey or Grilled Cheeseburger Wrap Mashed Potatoes Green Beans Fruit Milk	Pepperoni Pizza Sticks or Grilled Cheeseburger Wrap Broccoli Fruit Milk
Monday...21	Tuesday...22	Wednesday...23	Thursday...24	Friday...25
Chicken Patty on Bun or Tuna Fish Sandwich Carrots Fruit Milk	Beef Tacos or Tuna Fish Sandwich Refried Beans Fruit Milk	NO SCHOOL 	NO SCHOOL THANKSGIVING	NO SCHOOL
Monday...28	Tuesday...29	Wednesday...30	Thursday...1	Friday...2
White Pizza or Chicken Broccoli Pizza Broccoli Fruit Milk	<b>Breakfast For Lunch</b> Bacon, Egg & Cheese Crunch Wrap or Ham, Egg & Cheese Crunch Wrap Tater Tots Fruit Milk	Hamburger or Cheeseburger Baked Beans Fruit Milk	Italian Dunkers or Ham Sandwich Tossed Salad Fruit Milk	Diced Chicken over Rice Pilaf or Ham Sandwich Carrots Fruit Milk