



Breakfast

Monday...28	Tuesday...29	Wednesday...30	Thursday...1	Friday...2
Assorted Cereal Chex Mix Fruit Milk	Iced Pumpkin Cake Fruit Milk	Assorted Cereal Graham Crackers Fruit Milk	Yogurt Granola Bar Fruit Milk	Assorted Cereal Trix Cereal Bar Fruit Milk
Monday...5	Tuesday...6	Wednesday...7	Thursday...8	Friday...9
Blueberry Muffin Fruit Milk	Assorted Cereal Scrambled Eggs Fruit Milk	Yogurt Parfait Graham Crackers Fruit Milk	Assorted Cereal Banana Bread Fruit Milk	Oatmeal in a Cup Fruit Milk
Monday...12	Tuesday...13	Wednesday...14	Thursday...15	Friday...16
NO SCHOOL COLUMBUS DAY	French Toast Bites Fruit Milk	Apple Oatmeal Bars Fruit Milk	Assorted Cereal Sausage & Cheese on a Biscuit Fruit Milk	Assorted Cereal Hash Brown Fruit Milk

Monday...19	Tuesday...20	Wednesday...21	Thursday...22	Friday...23
Assorted Cereal Assorted Muffin Fruit Milk	Bagel with Cream Cheese Fruit Milk	Breakfast Burrito (Scrambled Eggs & Cheese Wrapped in Tortilla Shell) Fruit Milk	Mini Confetti Pancakes Fruit Milk	Assorted Cereal Donut Fruit Milk
Monday...26	Tuesday...27	Wednesday...28	Thursday...29	Friday...30
Baked Pancake Square Fruit Milk	Assorted Cereal Breakfast Scone Fruit Milk	Breakfast Pizza Pocket Fruit Milk	Assorted Cereal Graham Crackers Fruit Milk	Pumpkin Brownie Fruit Milk

Lunch

Monday...28	Tuesday...29	Wednesday...30	Thursday...1	Friday...2
Egg Salad Sandwich or Cheese Sandwich Tossed Salad Fruit Milk	Nachos w/Meat & Cheese or Egg Salad Sandwich Black Beans Fruit Milk	Chicken Salad Sandwich or Egg Salad Sandwich Chicken Noodle Soup Fruit Milk	Cheese Quesadilla or Egg Salad Sandwich Broccoli Fruit Milk	Chicken Tenders or Tuna Fish Sandwich Carrots Fruit Milk
Monday...5	Tuesday...6	Wednesday...7	Thursday...8	Friday...9
Grilled Cheese or Tuna Fish Sandwich Tomato Soup Fruit Milk	Pasta w/wo Sauce or Tuna Fish Sandwich Cheese Stick Peas Fruit Milk	Diced Chicken over Mashed Potatoes Biscuit or Tuna Fish Sandwich Fruit Milk	Cheese Pizza or Pepperoni Pizza Capri Blend Vegetables Fruit Milk	Pulled Pork or Tuna Fish Sandwich Mixed Vegetables Fruit Milk
Monday...12	Tuesday...13	Wednesday...14	Thursday...15	Friday...16
NO SCHOOL COLUMBUS DAY	Chicken Fajita or Salami Sandwich Refried Beans Fruit Milk	Hamburger or Cheeseburger Green Beans Fruit Milk	Mac N Cheese or Salami Sandwich Broccoli Fruit Milk	Chicken Patty on a Bun or Salami Sandwich Carrots Fruit Milk

Monday...19	Tuesday...20	Wednesday...21	Thursday...22	Friday...23
Fish Sticks or Ham Sandwich Graham Crackers Succotash Fruit Milk	Cheese Pizza or Meat Lovers Pizza Broccoli Fruit Milk	Baked Potato Bar or Ham Sandwich Mixed Veg. Fruit Milk	Buffalo Chicken Wrap or Ham Sandwich Fresh Veg. Fruit Milk	Turkey BLT or Ham Sandwich Fresh Veg. Fruit Milk
Monday...26	Tuesday...27	Wednesday...28	Thursday...29	Friday...30
Chicken Pot Pie or Turkey Sandwich Mixed Vegetables Fruit Milk	Beef Taco or Turkey Sandwich Corn Fruit Milk	Chicken Nuggets or Turkey Sandwich Garlic noodles Carrots Fruit Milk	Hot Dogs or Turkey Sandwich Baked Beans Fruit Milk	Skulls and Bones (Cheese Tortellini with Chicken) or Turkey Sandwich Cal. Blend Fruit Milk